

# FREDERICE DELASS

PRE-K & KINDERGARTEN ACTIVITY PACK

### **LESSON 9**

### **CONTENT AREA:**

Literacy

### **SKILL BUILDING/OBJECTIVE:**

Writing an autobiography

### **INSTRUCTIONS:**

### **Materials:**

Autobiography pages (Included)

**Explain:** Frederick Douglass wrote three autobiographies. An autobiography is a book in which the author or storyteller writes about his or her own life.

An autobiography explains the important events in someone's life. Writing your autobiography is a great way to think about who you are.

Now, it is your turn to create a book all about you!

**Parent:** An exercise in writing an autobiography can give children the opportunity to investigate who they are and where they come from. The first two pages are all about your child when they were a baby. Tell them actual antidotes to help them fill out the blanks. For example, relate the story of when they were born and how you felt holding them in your arms. Tell them a funny story about how they would only eat sweet potatoes and the time they threw a bowl of ice cream on the floor. This is an opportunity for your child to learn more about who they are as well as allow them to reflect on who they have developed into up until today. Have fun with it!

### **Instructions:**

- 1. Print out the *Autobiography* pages.
- 2. Start with the "I was born on" page.
- 3. Tell your child about the day they were born,
- 4. For pre-writers, fill in the words for them. However, sound out the words phonetically while writing the answers. Read the entire sentence word for word pointing to each word.

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### INSTRUCTIONS:

- 5. For writers, allow them to input the words in each blank, assisting where needed. Allow them to read the completed sentences out loud.
- 6. Have them draw a picture in the box to match the text.
- 7. Tell your child stories about when they were a baby.
- 8. Repeat step 4-6 to complete the "My first word was" page.
- 9. Allow your child to fill out the remaining pages. Ask questions to encourage them to explain or tell stories about their answers.
- 10. They should also express their answers by drawing a picture in the box. It is not necessary to complete the entire book in one sitting.
- 11. It is preferred they work on the book over a course of a week or two so they have time to reflect and create expressive autobiographical pictures.
- 12. We will bind the book in the next activity.

**Final thought:** Frederick Douglass wrote three autobiographies.

### **LESSON 10**

**CONTENT AREA:** 

Arts and crafts

**SKILL BUILDING/OBJECTIVE:** 

Creating a self-portrait

### **INSTRUCTIONS:**

### **Materials:**

Frederick Douglass Picture (Included)
Autobiography cover page (Included)
Autobiography title page (Included)
Stapler, clear report cover or a hole punch and yarn

**Explain:** Frederick Douglass was photographed more than anyone else in his time, including President Abraham Lincoln. He gave his picture away to tell people about his speeches. Mr. Douglass understood he could use photographs to carry his message and show people who he is as a person. Here is a picture of Frederick Douglass (show included picture). Mr. Douglass wanted people to know he was someone to be respected - strong, courageous, smart and serious about spreading the message of fairness for all people.

Do you think he looks strong, courageous, smart and serious about his goals?

How would you like other people to see you?

**Parent:** Drawing a self-portrait can be beneficial for children beyond practicing their art skills. It is a vehicle of self reflection. Your child can express what's important to them, learn about who they are, and how they want to present themselves to the world. Self-portraits are an indicator about how the children feel about themselves. In this exercise we will aid them as they build their own sense of identity as they create the cover for their autobiography.

### **LESSON 10**

### **CONTENT AREA:**

Arts and crafts

### **SKILL BUILDING/OBJECTIVE:**

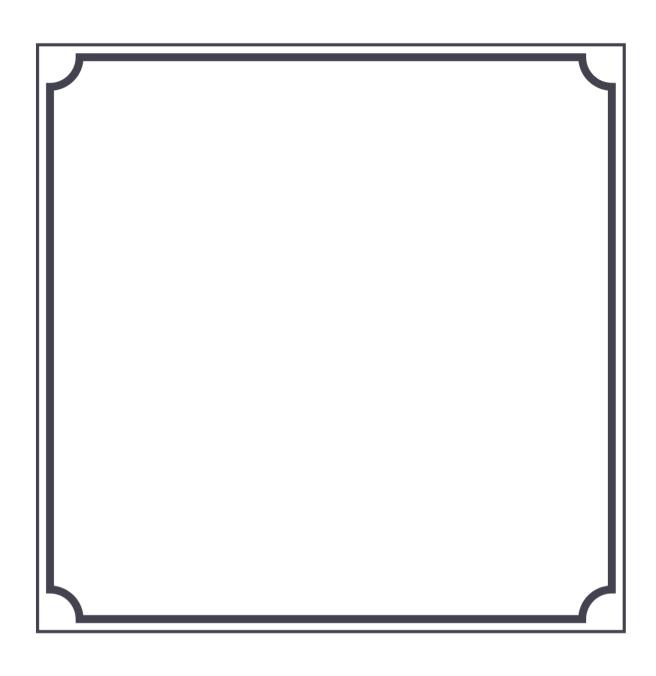
Creating a self-portrait

### **INSTRUCTIONS:**

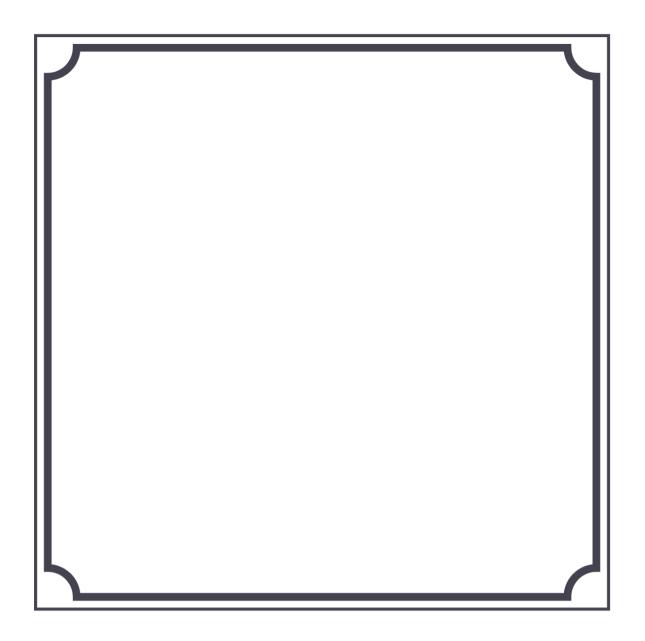
### Instructions:

- 1. Print out the *Autobiography* cover and title page.
- 2. Ask your child, "What three words describe you?" [For example, my six year old said strong, happy, smart]
- 3. Assist them writing the three adjectives on the lines of the cover page. Assist with spelling where needed but encourage children to write out the words letter by letter to practice writing and word formation. These lines serve as the subtitle of their autobiography.
- 4. Next have your child draw their self-portrait in the box. At this age the overall picture and feeling is more important than the actual skill level of the drawing (though that should also be praised). Encourage your child to add other objects in the picture to help them express their descriptor words.
- 5. When the picture is complete, have your child describe their self-portrait.
- 6. Have them print their name on the top line.
- 7. Next, have your child fill out their name twice more on the cover page and write in their numerical age.
- 8. Lastly, combine the cover page, title page and autobiography pages from the previous lesson.
- 9. Bind the book by stapling the pages together, assembling with hole puncher and yarn or with a clear cover report folder.
- 10. Congratulate your child on writing their autobiography!

Final thought: Frederick Douglass was photographed more than anyone else in his time.

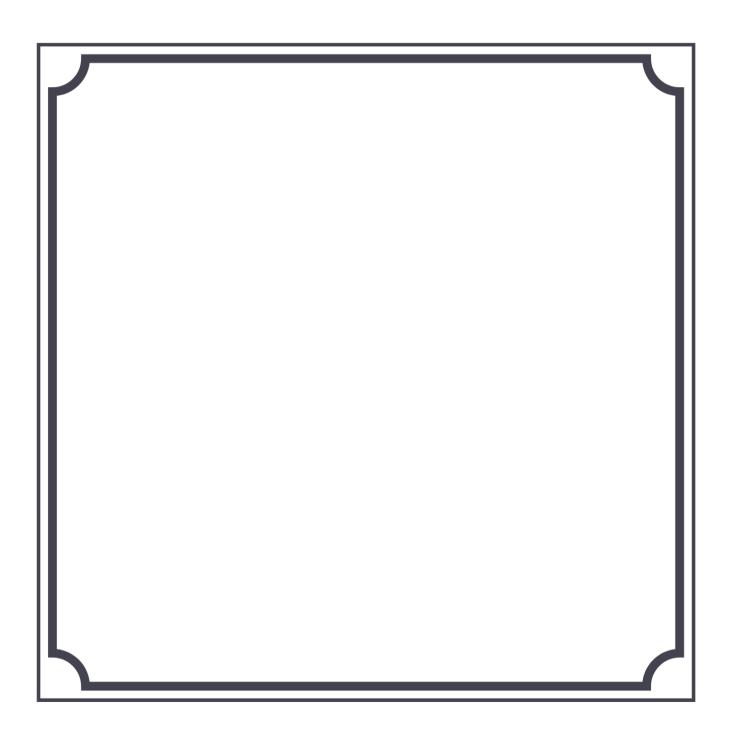


l was born on		
	(date)	
l was named		by
	(your name)	
		because
(Mom/	/Dad/ Parent))	



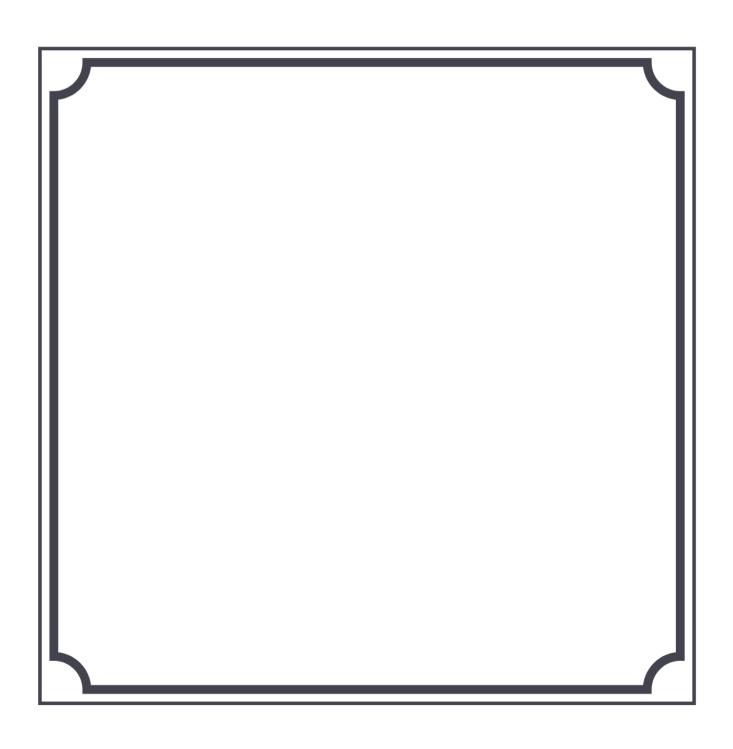
My first word wa	as	
	(your first word)	
When I was a ba	by my favorite food	
was		<b>.</b>
	(favorite food as a baby)	
My favorite book	k was	

# My favorite food is



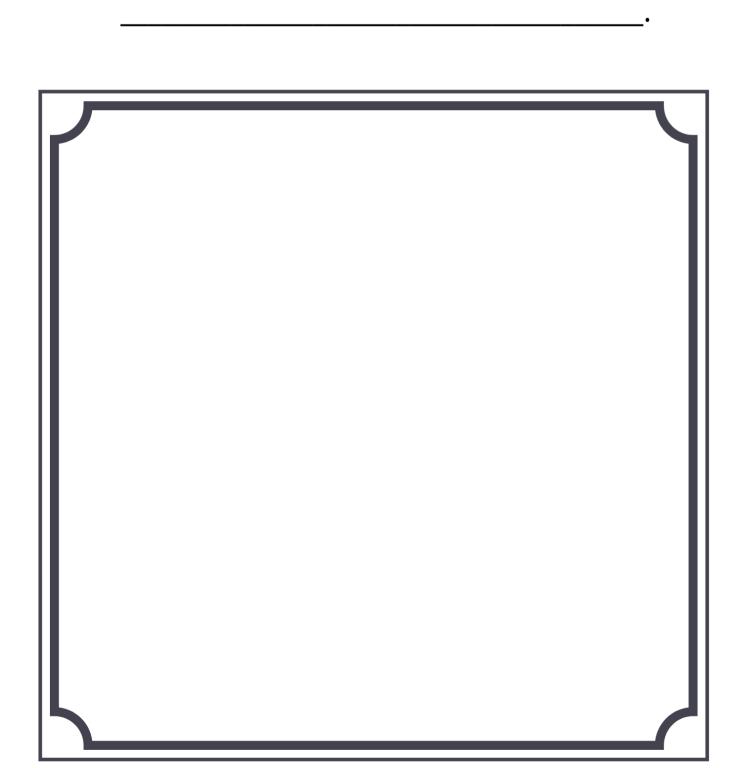
# My favorite thing to learn about is

\_\_\_\_\_

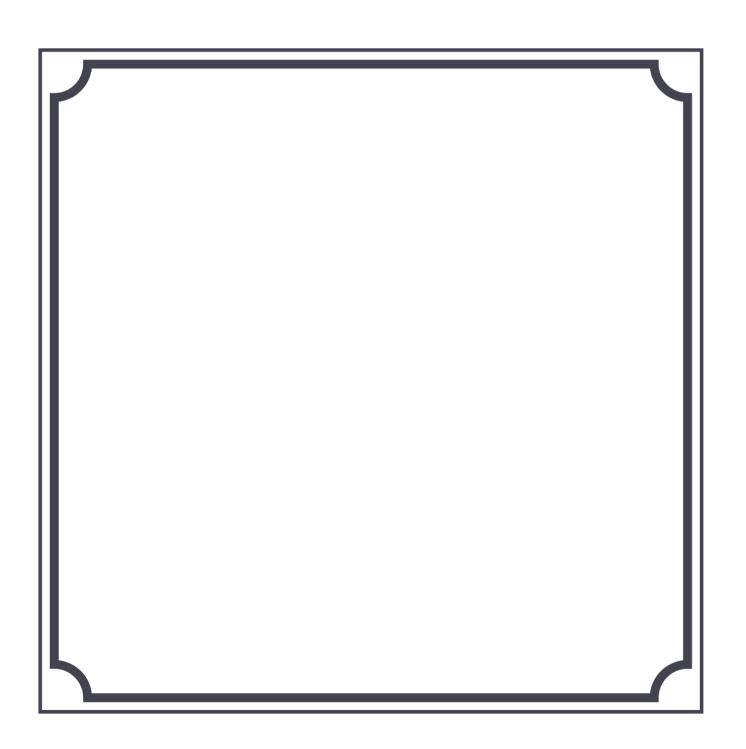


# My favorite thing to do is

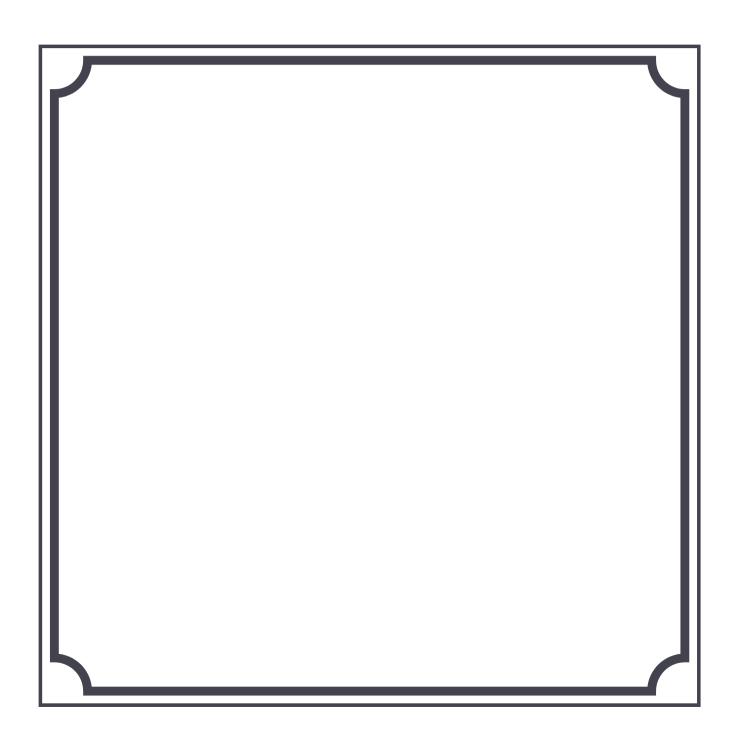
# My favorite place to visit is



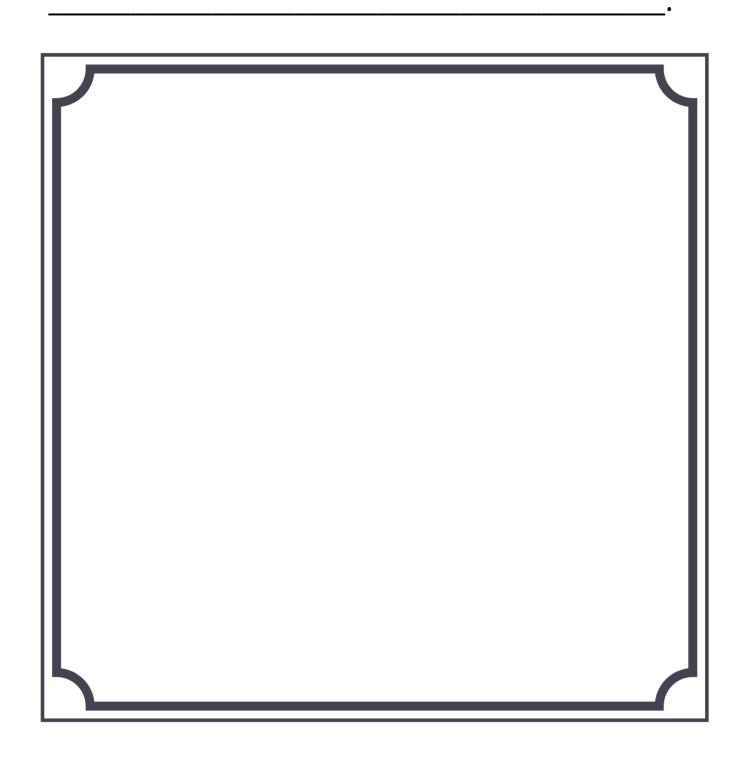
If I could have one wish come true, I would wish



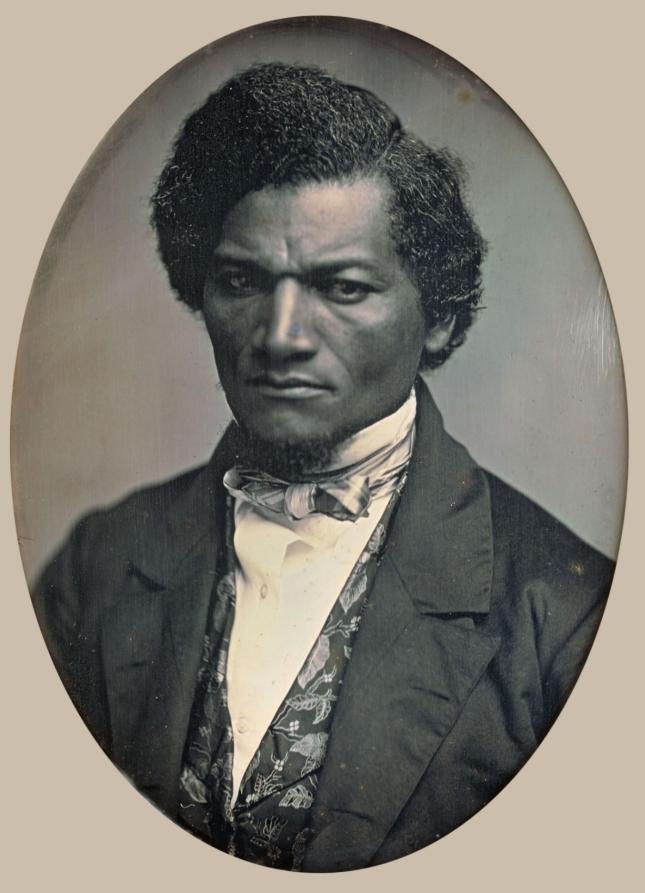
I		and
	(skill from barter activity)	
earned		all by myself.
	(what you bartered for completing task)	



# What I like best about myself is



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rhe -	AU	rob	RA	PHY	

THE AUTOBIOGRAPHY OF
BY
AGE