



**I
BELIEVE!
POSITIVE AFFIRMATIONS
FOR BLACK KIDS.**

**Teach Positive Self-Talk with
30 Ready to Assemble, Hands-
On Activities for Children.**

GOOSEGOOSEDUCK

GOOSE, GOOSE, DUCK I BELIEVE

ACTIVITY 6

ACTIVITY:

I Believe Bingo

OBJECTIVE/SKILL BUILDING:

Enhance cognitive function

INSTRUCTIONS:

You will need:

I Believe Bingo Playing Board Card Sheets (Included)

Color "B" Card Sheets (Included)

Clear contact paper or laminating machine

One set of assembled Affirmation Cards (Included)

Erasable Markers for each player or coins for markers

Scissors

Assembly:

- Laminate or cover both sides of each *I Believe Bingo Playing Board Card* sheets with clear contact paper.
- Cut out each card. The boards are now wipeable.
- Fold the "B" color cards in half on the white line with the white sides facing in and the graphics facing out.
- Cover both sides of the folded paper with clear contact paper or laminate.
- Cut the protected paper on the dotted lines to create 3 separate cards from each page.

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OBJECTIVE/SKILL BUILDING:

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INSTRUCTIONS:

Instructions:

1. Assemble the "B" color cards in a stack.
2. Assemble the Affirmation cards.
3. Place both stacks side by side facing down.
4. Both you and your child should select one *I Believe Bingo Playing Board Card*.
5. If your child is a reader designate them the Caller. If not you will be the Caller.
6. The Caller takes one "B" color card and one Affirmation card and "calls" the space. For example: I am loved. Purple.
7. If you are the caller your child should repeat the affirmation.
8. Both you and your child should check or mark the space if it appears on your card. Remember the background color and the affirmation must match on the card.
9. When someone gets a full line (vertical, horizontal or diagonal) or a full card they should call out "I Believe." They are the winner.

B

B

B

B

B

B

B

B

B

B

B

B

I BELIEVE BINGO



I BELIEVE BINGO



I BELIEVE BINGO



I BELIEVE BINGO

